



**ST. GEORGE EASTERN ORTHODOX CHURCH**  
 8 Lowell Street  
 Lawrence, MA 01840  
 Very Rev. Edward Hughes, Parish Priest  
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[www.StGeorgeLawrence.org](http://www.StGeorgeLawrence.org)

HOLY EUCHARIST (COMMUNION) is ADMINISTERED ONLY to MEMBERS of the ORTHODOX CHURCH who have prepared themselves by prayer, fasting, and recent confession of sins.

“The means to confirm and strengthen Christian Hope are prayers, especially frequent and sincere prayer, confession of our sins, frequent reading of the Word of God, and above all, frequent communion of the holy life-giving sacraments of the Body and Blood of Christ.” *St. John of Kronstadt*

**THE FOURTH SUNDAY OF THE FAST**  
**ST JOHN OF MOUNT SINAI, AUTHOR OF *THE LADDER***

Tone - 4

Eothina - 1

**THE TROPARION OF THE RESURRECTION in tone 4**

When the women disciples learned the joyful message of the Resurrection from the Angel, they cast away parental sin, and proudly told the message to the disciples, proclaiming that death hath been spoiled and Christ our God hath risen, granting to the world great mercy.

**THE TROPARION TO ST. JOHN OF MT SINAI in Tone 8:**

The barren wilderness thou didst make fertile with the streams of thy tears; and by thy deep sighing thou hast given fruit through thy struggles a hundred-fold. Accordingly, thou hast become a star for the universe, sparkling with miracles. Therefore, O righteous Father John, intercede with Christ God to save our souls.

**THE TROPARION OF ST. GEORGE in Tone 4**

As Deliverer of captives, defender of the poor, healer of the infirm, champion of kings; victorious Great Martyr George, intercede with Christ our God for our souls' salvation.

**THE KONTAKION of the Annunciation in Tone 8**

To thee, our Captain, Queen of war, the battle trophies won, Thy people rescued by thine aid from peril, dedicate as our offering of thanksgiving O Theotokos, as thou hast might which none by war can overcome from all forms of danger hast thou delivered me, that I may cry unto thee, Hail, O Virgin unwedded bride.

**THOSE IN REHAB FACILITIES, NURSING HOMES and SENIOR CARE FACILITIES,** Norma Samra, Joanne Samra (Florida), Michel Chuairy, Henry Hyder, Vivian Runions.

**THOSE ILL, IN PAIN, OR SHUT IN BY INFIRMITY:** Elizabeth Ferris, Khalil Touma, Lorraine Kalil, Claudette Erban, Fouad Hajjar, Vivian Runions, Nassif Hamaoui, Jeanette Hamaoui, Christine Hassan, Gabriel Josiah Hassan, Caleb Hassan, Jessica Savory, Albert Hayek, Toni Orefice, Kim Goodspeed, Angela Scherer, Carole Farrell, Donna Najem Avakoff, Jacob Malinchak, Charles Timko, Jr., William Haddad, Lila Haddad, Stacia Mullens, Sandra Widdall, Joanne Gray, Cheryl Brown, Fran Brown, Anita Brown, Andrew Brown, Christopher Boshar, Ramy Bassit, John Ayoub, Maria Rodriguez and Patrick Montesque.

**THOSE IN DIFFICULT CIRCUMSTANCES, FAR AWAY, OR OTHERWISE IN NEED OF PRAYER:** Brandon Touma, Tom Girardi, Warren & Elizabeth, Warren & Catherine Ferris, Carl, Lauren, Caitlin, Aalin, & Aidan Bellinger, Ann Balsamo, Alice Ziady, Kenneth Keamy, Carol Aberizk, Maria Morales, Miguel Angel Morales, Santo Thomas Morales, Santa Maria Morales, Anderson Miguel Morales.

**FOR CONTINUED GOOD HEALTH & GOD'S BLESSINGS:** Charles Girardi, Theresa Girardi, Gianna Gehringer, Libby Morley, George Touma & Family; Naime Touma & Family, Jihad, Lynn, Janelle Hajjar, Joshua Linnie, Kate Gaiver & Jacob Hajjar.

**THE PARISH COUNCIL** would like to remind our members that it is important to pay the special Archdiocese Assessment of \$100 per pledging unit in addition to your pledge.

**HOME BLESSINGS** begin in September, and usually continue throughout the year. Anyone who would like their home blessed at this time, please contact Fr. Edward.

**SPONSORS** are needed for Coffee Hour. Several families can join together. Very little is actually necessary – you don't have to serve a full luncheon. If no one has sponsored coffee hour, **please remember** to leave a donation to be used for the next week's coffee hour.

**THE PARISH WEBSITE** is a good source for information on current parish news. The website is listed at the top of the bulletin each week.

**HOLY BREAD** is available for those who would like to offer it in memory, or for the good health of someone, on anniversaries, birthdays, graduations, &cet. Anytime you would like to offer Holy Bread, consider buying from the Church rather than from one of the bakeries. Please contact Mrs. Ramza Touma for details.

**THE GREAT FAST** began on March 11<sup>th</sup>, we will be abstaining from meat, eggs, dairy products, fish (except for March 25 & Palm Sunday), olive oil and alcohol (except for Saturdays & Sundays and March 25<sup>th</sup>) until Great and Holy Pascha on April 28<sup>th</sup>. May God strengthen us and grant us a peaceful and spiritually beautiful Fast.

**LENTEN SCHEDULE THIS WEEK:**

Sunday evening at 6:00 pm	St. George Greek Church, Lowell
Monday evening at 7:00 pm	Great Compline, St. Michael, Cotuit
Wednesday evening at 6:00pm	Presanctified Liturgy; covered dish following.
Friday morning at 9:00 am	Presanctified Liturgy
Friday evening at 7:00 pm	Akathist hymn to the Virgin Mary (all 4 parts)
Saturday morning at 10:00 am	9:00 AM Liturgy for Akathist Saturday
Saturday evening at 5:00 pm	Great Vespers