

## ST. GEORGE EASTERN ORTHODOX CHURCH

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www.StGeorgeLawrence.org

HOLY EUCHARIST (COMMUNION) is ADMINISTERED ONLY to MEMBERS of the ORTHODOX CHURCH who have prepared themselves by prayer, fasting, and recent confession of sins.

"The means to confirm and strengthen Christian Hope are prayers, especially frequent and sincere prayer, confession of our sins, frequent reading of the Word of God, and above all, frequent communion of the holy life-giving sacraments of the Body and Blood of Christ." *St. John of Kronstadt* 

# March 11<sup>th</sup>, 2018 THE SUNDAY of St. GREGORY PALAMAS

Tone -7 Eothina -7

# THE TROPARION OF THE RESURRECTION in tone 7

Thou didst shatter death with Thy Cross, and didst open Paradise to the thief. Thou didst change the sadness of the ointment bearers into joy, And Thou didst charge Thine Apostles to proclaim a warning that Thou hast risen O Christ our God, Granting to the people of the world Thy Great Mercy.

#### THE TROPARION OF THE PRECIOUS AND LIFE-GIVING CROSS

O Lord, save Thy people and bless Thine inheritance, and to Thy faithful kings, grant victory over the barbarians. And by the power of Thy Cross, protect all those who follow Thee.

#### THE TROPARION OF ST. GEORGE in Tone 4

As Deliverer of captives, defender of the poor, healer of the infirm, champion of kings; victorious Great Martyr George, intercede with Christ our God for our souls' salvation.

### THE KONTAKION of the Annunciation in Tone 8:

To thee, our captain Queen of war, the battle trophies won, Thy people rescued by thine aid from peril, dedicate as our offering of thanksgiving O Theotokos, as thou hast might which none by war can overcome from all forms of danger hast thou delivered me, that I may cry unto thee, Hail, O Virgin unwedded bride.

## YOUR PRAYERS are asked today for:

**THOSE IN NURSING HOMES and SENIOR CARE FACILITIES**, Geraldine Deschênes, Amaline Bastaty, Wadad Hamuae, Joanne Samra (Florida), Michel Chuairy, Henry Hyder

THOSE ILL, IN PAIN, OR SHUT IN BY INFIRMITY: Lorraine Kalil, Claudette Erban, Fouad Hajjar, Vivian Runions, Nassif Hamaoui, Jeanette Hamaoui, Christine Hassan, Gabriel Josiah Hassan, Caleb Hassan, Jessica Savory, albert Hayek, Toni Orefice, Kim Goodspeed, Angela Scherer, Carole Farrell, Donna Najem Avakoff, Stephen Kamal, Jacob Malinchak, Charles Timko, Jr., William Haddad, Lila Haddad, Stacia Mullens, Sandra widdall, Joanne Gray, Cheryl Brown, Fran Brown, Anita Brown, Andrew Brown, Christopehr Boshar, Ramy Bassit, and John Ayoub

THOSE IN DIFFICULT CIRCUMSTANCES, FAR AWAY, OR OTHERWISE IN NEED OF PRAYER: Brandon Touma, Tom Girardi, Warren & Elizabeth, Warren & Catherine Ferris, Carl, Lauren, Caitlin, Aalin, & Aidan Bellinger, Ann Balsamo, Alice Ziady, Carol ABerizk, Maria Morales, Miguel Angel Morales, Santo Thomas Morales, Santa Maria Morales, Anderson Miguel Morales

FOR CONTINUED GOOD HEALTH & GOD'S BLESSINGS: Charles Girardi, Theresa Girardi, Gianna Gehringer, Libby Morley, George Touma & Family; Naime Touma & Family, Jihad, Lynn, Janelle & Jacob Hajjar

**TODAY** there is a Falafil luncheon available in the Hall immediately following Liturgy.

**THE GREAT FAST** began Monday, Feb. 19<sup>th</sup>, and continues through March 30<sup>th</sup>. We Orthodox Christians abstain from Meat, Milk and all dairy products, eggs, fish, olive

oil, and alcohol during this time. Olive oil and alcohol are allowed on the weekends. On Annunciation, March 25, fish is allowed as well as olive oil and alcohol. May God strengthen us and grant us a peaceful and spiritually profitable season of the Fast.

**GREAT COMPLINE** will be sung on Monday at 7:00 PM in Cotuit with deanery clergy presiding.

**PRESANCTIFIED LITURGY** will be celebrated on Wednesday evening at 6:00 PM followed by a covered dish supper in the hall.

**PRESANCTIFIED LITURGY** will be celebrated on Friday morning at 9:00 AM.

**THE AKATHIST HYMN** to the Virgin will be sung on Friday evening at 7:00 PM

**THE LAST SOUL SATURDAY OF LENT** will be celebrated on Saturday morning at 9:00 AM followed by a general memorial service for all of our departed.

# THE LORD'S PRAYER IN ARABIC

Abána ládhi fees samawát liyáta qáddas ismuk. Liyáti malakoótook. Lítakoon masheé'atook, kamá fis samá'y kadhálik 'álal 'ard. Khúbzanal jówhary á'teenal yowm; wátrook lána ma aláina, kamá nátrooku náhnu leéman lána 'aláihy. Walá tudkhílna fy tájriba, lákin nájjeena meénash shareér.